

Dear me,

It feels a little weird to be writing this letter to myself, but the truth is: I'm really grateful for the things I've made happen in my life so far, and I'm grateful for the things that make me, ME.

In no particular order, these are some things I'd like to particularly express my gratitude for:

**I'm grateful that I'm stubborn.**

People often think of stubbornness as a bad thing. But I've grown to appreciate my strong will and dogged personality. It makes me persistent. And being persistent means you don't give up. My stubbornness helps me to chase down my goals, and get through hard times, and there's no way I'd be where I am today without that.

**I'm grateful that I'm rebellious.**

I've got a little streak of rebellion in me that makes me want to prove people wrong. I did Ironman because doctors said I'd never run again. I came first in all my subjects in my final year of school because my teacher told me I wasn't smart enough. Most of the important achievements in my life have happened because I was driven to show others that their expectations of me were too low.

**I'm grateful for my imagination.**

It makes me curious about the world. It makes me read lots and learn heaps! It makes me want to explore, and some of my best memories come from times Michael and I have set out to explore the world around us.

**I'm grateful for my scientific mind.**

It makes me appreciative of nature, and logic, all at the same time.

**I'm grateful for my debt.**

I was really silly with money in my early 20's and got myself into a stack of credit card debt. But that was the lesson I needed to learn how to handle money better now.

Here's to many more things to be grateful for in the future.

Much love,  
Me x